

PRAYING FOR YOUR PASTOR WEEK #2

Pray for Rest

SUGGESTED PULPIT ANNOUNCEMENT:

LAY LEADER: Our Trinity Conference Prayer Team is offering *Praying for Your Pastor*, a seven-week video series with weekly prayer themes, Scripture, and practical tools that began last week.

The video series is hosted by Jan Floro, a lay member of The Woodlands Hills Community Church, a campus of First Methodist Church, Conroe, Texas. Jan also serves as the Prayer Team Co-Director of Trinity Conference of the Global Methodist Church.

We are asking everyone to go watch the videos, download the prayer resources on the Trinity Conference website, and then carve out a few minutes each day to pray over the same scriptures and prayer prompts as we lift-up our pastor (*pastor/s names*) in prayer.

We are starting Week Two today and will focus on Prayers of Rest this week.

This is more than a prayer initiative; **it is a prayer movement.** This is an invitation for us to stand together in prayer for our pastor, whom God has called to shepherd His church.

Can you imagine the power of the Holy Spirit moving through our church, and the surrounding community, as we unite our hearts and voices in prayer for our pastor by name?

One united prayer. One powerful God.

SUGGESTED EMAIL ANNOUNCEMENT:

If you were worshipping with us in the last two weeks, you heard the announcement about our churchwide prayer initiative to cover our pastors in prayer. This is a seven-week video series with downloadable resources.

As we make a commitment to pray daily for (pastor/s names), we encourage you to watch the Week 2 video for *Praying for Your Pastor*. You will find a new weekly video posted on the Trinity Conference YouTube Page and Facebook, and we ask that you watch the video, give it a “like” and share it with your social media friends.

- Video Series Link: <https://tinyurl.com/PFYP-YouTube>
- Prayer Resources Link: <https://trinitygmc.org/ministries/prayer/>

This week we are praying rest over (pastor/s names):

- **Pray for unhurried time with the Lord to happen each day**
- **Pray against burnout and pray for times of refreshing for their soul | Isaiah 30:15**
- **Pray for physical rest:** Physical rest and physical care are two of the most neglected things in a pastor’s life. There is a connection between our physical condition and spiritual condition. | **Exodus 20:8-10**
- **Pray for emotional rest:** One of the most important lessons we learn in keeping sabbath is that God is God, we are not, and He can run His world without us. Pray for your pastor to let Jesus carry their burdens and share in the yoke. | **Matthew 11:28-30, Psalm 23:3**
- **Pray for spiritual rest for your pastor | Psalm 62:1-2, Psalm 116:7-9**

We are asking everyone to carve out just a few minutes each day to pray over the same scriptures and prayer prompts as we lift (pastor/s names) in our prayers. This is more than a prayer initiative; **it is a prayer movement**. The beautiful thing about giving this gift of prayer is that no matter what your daily schedule brings, you can pray anywhere and anytime, day or night.

One united prayer. One powerful God.

Let’s cover (pastor/s names) in prayer and watch what God will do!

Grace and Peace,

(Lay Leader/s names / church leadership role or title)

SUGGESTED EMAIL FOLLOW-UP:

Have you had the chance to watch the Week 2 video for *Praying for Your Pastor*? It's not too late to watch it for the first time, or to watch it again. You will find it on the Trinity Conference YouTube Channel here: <https://tinyurl.com/PFYP-YouTube>. We encourage you to watch the video, give it a "like," share it with your friends, and begin praying for (pastor/s names).

We ask that you carve out a few minutes each day to pray over the prayer prompts that will be provided in our emails each week. **This week we are praying for rest over** (pastor/s names).

The beautiful thing about giving this gift of prayer is that no matter your schedule, you can pray anywhere and anytime. **One united prayer. One powerful God.**

Let's cover (pastor/s names) in prayer and watch what God will do!

Grace and Peace,
(Lay Leader/s names / church leadership role or title)