



# PARENT GUIDE

**Session 1: June 9-13**

**Session 2: June 30-July 4**

**Lakeview Methodist Conference Center Palestine, Texas**



SESSION 1: JUNE 9 - 13 | SESSION 2: JUNE 30 - JULY 4  
LAKEVIEW METHODIST CAMP

# WELCOME!

We are excited to welcome you to Rise Up Camp, the camping ministry of the Trinity Conference of the Global Methodist Church. Our theme for 2025 is **Not Ashamed**, based on Paul's words to the church in Rome:

*"For I am **NOT ASHAMED** of the gospel, because it is the power of God that brings salvation to everyone who believes: first to the Jew, then to the Gentile."*  
(Romans 1:16 NIV)

The purpose of Rise Up Camp is to offer students Jesus' promise of eternal life that gives hope for our future and transformation for our lives today. Our preaching and curriculum is thoroughly Biblical and true to our evangelical Wesleyan-Methodist heritage. You will receive a parent guide to the curriculum prior to camp so you can follow along with the bible readings and key teaching points your student will learn throughout the week.

Thank you for sending your student to Rise Up Camp this summer! We are praying for every student to have a life-changing encounter with the Lord during camp. I invite you to join us in that prayer.

Now, on to further information you'll want to know for camp.

Yours in Christ,

Rev. Guy Williams  
Rise Up Camp, Trinity Conference GMC  
Steering Team Chair

## Worship Passionately



## Love Extravagantly



## Witness Boldly



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# CONTACT INFORMATION



## Lakeview Camp Office

Phone Number:  
(903) 538-2711

Office Hours:  
Monday-Friday  
8:00am - 4:30pm

Address:  
400 Private Road 6036  
Palestine, Texas 75801

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## Rise Up Camp Registrar

Email:  
[Camp@trinitygmc.org](mailto:Camp@trinitygmc.org)

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# Emergency Contact Information

## Rise Up Camp Director

Phone Number:  
(936) 866-8353

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# PAYMENT DEADLINES & REFUNDS



## Session 1 June 9–13:

- May 9, 2025 - Full payment due for Session 1 participants.
  - May 9, 2025 - Full refund available until 12:00 pm.
  - May 9, 2025 - 50% refund after this date, until 12:00 pm on Friday, May 23, 2025 (2 weeks from start of camp).
  - May 23, 2025 - No refunds after 12:00 pm except in cases of medical emergency (doctors note).
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## Session 2 June 30–July 4:

- May 30, 2025 - Full payment due for Session 2 participants.
  - May 30, 2025 - Full refund available until 12:00 pm.
  - May 30, 2025 - 50% refund after this date, until 12:00 pm on Friday, June 13, 2025 (2 weeks from start of camp).
  - June 13, 2025 - No refunds after 12:00 pm except in cases of medical emergency (doctors note).
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# PACKING LIST



Please make sure that all packing items (Luggage, Trunk, Duffle Bag, or Backpack is no taller than 14 in. and are labeled with the campers name, church, and age-level.

## Recommended Clothing:

- Comfortable Tennis Shoes (2 pair. 1 pair can be sport sandals with straps.)
- T-shirts (8)
- Appropriate Length Shorts (6)
- Underwear (8)
- Socks (8 pair)
- Appropriate Swimsuit (No Bikinis, Mid-drift must be covered, Chest must be fully covered).
- Shower Shoes/Sandals
- Pajamas
- Cap or Hat
- Poncho or Rain Jacket
- Messy game clothing (something that might get too messy to return home)

## What NOT to Bring:

- Cell Phone or Other Electronic Devices
- Knives/Weapons
- Any and All Prank Items
- Valuable Items
- Candy, Gum, Food, and Drinks
- New Clothes/Shoes (Campers need to be free to play and not worry about ruining anything while at camp)
- Bad Attitude.

## Recommended Items:

- Medication in Original Bottle with Name of the Camper
- Shower Caddy
- Bath Towel
- Wash Cloth
- Beach Towel
- Dirty Laundry Bag
- Soap and Shampoo
- Deodorant
- Toothbrush and Toothpaste
- Sleeping Bag or Twin Size Sheets and Bedding
- Pillow
- Bible
- Journal/Notepad + Pen/Pencil
- Pre-Addressed Stamped Cards
- Money for Snack and Gift Shop (Cash or Visa Gift Card)
- Hiking Boots
- Backpack
- Sunscreen (Spray)
- Bug Spray
- Refillable Water Bottle
- Flashlight
- Command Hooks (for hanging towels)
- Floor Mat (for by the bed)
- Ear Plug (if light sleeper)
- Optional: Costume Clothes for Silent Disco/Dress Up Night (TBA)
- Open Heart and Mind to Receive What God has in store for you!

# FREQUENTLY ASKED QUESTIONS



## Medications & Allergies:

What if my child takes medication or has life-threatening allergies?

All medication (including prescriptions, over-the-counter drugs, and vitamins) must be brought to camp in the original container (as purchased or issued) to turn in to the Camp Nurse during check-in. Prescription containers must detail the child's name, the name of the medication, dosage directions, and the person ordering the medication. Life-threatening allergies (bee stings, food allergies, etc.) must be disclosed during registration and discussed with camp staff during check-in. Your camper will carry epi-pens and inhalers during the day. All medications will be dispensed by medical staff at the camp and will be returned to your camper at the end of the week.

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## Phones & Electronics:

What is the policy for phones and electronics?

Campers will not be permitted to have cell phones during the week of camp. This has become a "best practice" for the past several years at other industry-leading Christian camps. A no cell phone policy by our camp (and others) creates a safer environment because it prevents bullying via social media, students being exposed to inappropriate materials, unauthorized photographs and videos of other campers, and homesickness due to lack of immersion into the camp environment.

Students who may have their phones and/or electronics for the ride to camp and back should turn them into one of your church's adult leaders who will collect and keep them safe during the camp week.

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# Cabin Mate Requests:

## Can my child request to stay in a cabin with a friend?

We make every effort to place campers with requested cabin mates. Within each age-level camp, we set up our cabins by age and gender. All cabin mate requests will be made during the registration process. You can send a cabin mate request to up to two campers. You will need the camper's name and the name and email address of the parent/guardian registering the camper. If no cabin mate requests are made, the default of Rise Up Camp, whenever possible, is to place campers in a cabin with attendees from the church with which they registered for camp.

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# Snack Shack & Camp Store:

## How will my camper pay for snack and Gift Shop items?

We recommend that parents send their students with either cash or a Visa Gift Card (or the like) in the desired amount for their child. For reference, snack prices range from \$1 to \$5 per item and Camp Store souvenirs range from \$2.50 to \$15 and up. Lakeview shirts range from \$15 to \$25.

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# Camper Grouping:

## How are the various age/grade level campers organized?

Elementary Campers entering 3rd – 5th grade

Mid-High Campers entering 6th – 8th grade

Senior High Campers entering 9th – graduating 12th grade (Class of 2025)

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# Adult/Camper Ratio:

## How many adults will be serving at camp?

Churches provide adults on a 5:1 ratio of students to adults. This allows us to have an adult/camper ratio for each cabin of at least 7:1, plus leadership for directing and coordinating the camp overall.

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# Adult Screening/Training & Camper Safety:

## What steps are involved to create a safe environment for students at camp?

All adult volunteers have completed an orientation for our camp, completed a criminal history background check, and have been trained and certified through Ministry Safe for working with children and youth at camps run in the State of Texas (similar to Safe Sanctuary and Safe Camps training and certification).

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# Weather Issues:

## What about inclement weather?

If there is no risk of lightning, activities continue as planned. Lakeview staff monitor the weather at all times. They will notify our camp leadership if there is lightning or significant storms within a set range of camp, in which case campers will be located to an appropriate indoor space. Once the weather has passed the schedule of activities will resume.

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# Homesickness:

## How do you address issues of homesickness that arise?

Our leaders are thoroughly experienced in comforting and counseling students who experience homesickness while at camp. Almost all cases of homesickness can be effectively addressed by the care and encouragement of the adult counselors and/or deans and directors of the child's camp. If need be, camp leaders will connect with parents to consult on how best to support the student in completing their week at camp. This is important in developing personal confidence and the capacity for healthy independence. Rarely will a camper need to go home early due to homesickness.

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# Clothing:

## What are the expectations for clothing and modesty?

Clothing must be conducive to the physical activities they will encounter during their day at camp. Therefore, for girls, swimwear is required to be modest with chest and midriff fully covered. For boys, swim shorts are not to be indecently snug-fitting. We would expect any other tops for girls to have coverage and security consistent with the swimsuit requirement. For shorts, athletic or soccer-style shorts are fine so that they are decent -- nothing covered by an appropriate swimsuit should lack coverage by shorts used for daily wear.

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# Sending Mail to Your Camper/s:

How can we send mail to students and/or adults while they are at camp?

The most effective way to send mail to your students and/or adults while they are at camp is to write letters or create care packages in advance and send them with the adult leader from your church with a schedule for what day/s mail is to be delivered. You may still send mail via the USPS. Please send early in the week in order to ensure that mail arrives in a timely fashion, remembering that it must be sorted and sent to the correct age-level camp.

Format for in-camp mail:

Camper's Name, Rise Up Camp

Age Level (Elem, Mid-High or Sr High)

Format for mail via USPS:

Camper's Name, Rise Up Camp

Age Level (Elem, Mid-High or Sr High)

400 Private Road 6036

Palestine, TX 75801

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ASHAMED!**